

SIL & Supported Accommodation, done properly.

A registered NDIS provider delivering 24/7 Supported Independent Living, clinical nursing and complex support across Australia's east and west coasts.

METRO SYDNEY

METRO MELBOURNE

METRO PERTH

WHO WE ARE

Vitality Community Care is a registered NDIS provider specialising in Supported Independent Living and supported accommodation. We hold head leases across metro Sydney, Melbourne and Perth, pairing quality homes with clinical nursing oversight and highly trained support teams, so participants with complex needs can live safely, independently and with dignity.

3

states, one standard

24/7

active & sleepover support

RN-led

clinical governance

\$150/wk

affordable rent

WHAT WE DELIVER

Supported Independent Living

24/7 rostered support in shared and solo homes, active nights and sleepovers, participant-matched staffing.

Supported Accommodation

Head-leased, accessible homes with tenancy agreements, affordable flat-rate rent and Centrepay options.

Community Nursing

Registered nurses delivering assessment, care planning, competency sign-off and clinical oversight.

High-Intensity Daily Personal Activities

HISS-aligned supports: complex bowel care, urinary catheters, enteral feeding, severe dysphagia, wound care, diabetes.

BUILT FOR COMPLEXITY

Where other providers step back, we lean in. Our teams are recruited, trained and clinically supervised for participants whose needs sit well beyond standard support.

Clinical Nursing & High-Intensity Supports

- Registered nurses lead assessment, care planning and clinical oversight
- HISS V3 (2022) aligned training with participant-specific competency sign-off
- Catheter care (incl. SPC changes), complex bowel care, enteral feeding
- Severe dysphagia and mealtime management, complex wound care
- Diabetes support: BGL monitoring, insulin oversight and hypo response

Complex Behaviours & Psychosocial Disability

- Experienced with schizoaffective disorder, BPD, complex PTSD and trauma
- PBS-plan led practice, de-escalation trained, restrictive-practice aware
- Staff matched to behaviour support and safety plans, trauma-informed
- Psychology and mental-health qualified workers on team
- Calm, consistent communication frameworks that participants trust

Forensic & Justice-Involved Supports

- Supporting participants transitioning from custody or forensic settings
- Structured routines, risk-managed environments and clear boundaries
- Collaboration with justice agencies, forensic teams and guardians
- Discharge and transition planning with hospitals and institutions
- Experienced with complex risk histories, managed without judgement

WHY PARTNERS CHOOSE US

- Rapid intake, hospital discharge & transition planning
- One provider across NSW, VIC & WA
- Transparent flat-rate rent with Centrepay
- RN competency sign-off, not just online modules